

# Teacher Manual

## Social Studies-1

1. It's Me    D. Identify these body-parts and write one function of each:

### Oral Skills

Do it yourself.

### Writing Skills

**A. Write about yourself.**

Do it yourself

**B. Answer the following.**

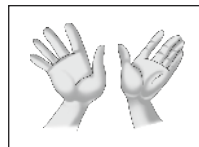
1. Write about some common hobbies.
2. What are called hobbies?
3. What is nickname?
4. Where do we swim?
5. Who is your class teacher?

**C. Encircle the things you like to do.**

Do it yourself.

### Activity

Do it yourself.



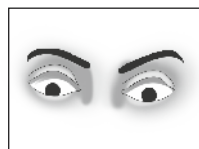
Hands: We hold things and write with our hands.



Nose : We smell with our nose.



Leg : We run with our legs and feet.



Eyes : We see the things around us with our eyes.

### Activity

Do it yourself

## 2. Parts of the Body

### Oral Skills

Do it yourself.

### Writing Skills

**A) Tick (✓) the correct option.**

1. (b) mouth    2. (a) legs

**B) Fill in the blanks.**

1. Our body is like a wonderful machine.
2. We smell with our nose.
3. There are five sense organs.
4. A clean body is a healthy body.
5. Skin is the largest sense organ.

**C. Answer the following.**

- 1.
- 2.
- 3.
- 4.

## 3. Our Family

### Oral Skills

Do it yourself.

### Writing Skills

**A. A Fill in the blanks:**

1. A family consists of \_\_\_\_\_ and \_\_\_\_\_.
2. A family with parents and children is called a \_\_\_\_\_ family.
3. In a joint family, all live in the \_\_\_\_\_ house.

**B. Choose the correct options:**

- 1) Arnav's family is a small family.
- 2) Deepa visits her grandparents during holidays.
- 3) Namita's family is a joint family.

**B. Write T for true and F for False Statements:**

1. [T]    2. [T]    3. [T]    4. [T]

**C. Answer these questions:**

- 1) Parents and their children together make a family.
- 2) Father and mother are called parents.
- 3) A nuclear family is one set of parents and their children living together.

### Activity

A. Do it yourself

#### 4. Fun and Play

##### Oral Skills

Do it yourself.

##### Writing Skills

###### A. Fill in the blanks.

1. Fun and play make us \_\_\_\_\_ and \_\_\_\_\_.
2. Playing is very \_\_\_\_\_ for health.
3. We should play, both \_\_\_\_\_ and \_\_\_\_\_ games.
4. They go out on \_\_\_\_\_.

###### B. Tick (✓) the activities which you do to have fun:

Do it yourself

###### C. Answer the following questions:

1. We have fun in the following ways:
  1. By playing many indoor games like Ludo, Carrom, Chess, etc.
  2. By watching television.
  3. By singing and dancing.
  4. By reading stories and jokes.
  5. By going out on picnics.
  6. By playing with our pets.
  7. By going to the zoo sometimes.
  8. By going to see a movie.
  9. By going to see a circus.
2. Yes, I watch television. I watch cartoons on the television.
3. Yes, I play indoor-games like Ludo, Carrom, Chess, etc.
4. We should not play all the time. When it is time for study, we should not play.

##### Activity

Do it yourself.

#### 5. The Food We Eat

##### Oral Skills

Do it yourself.

##### Writing Skills

###### A. Fill the blanks.

1. Food gives us \_\_\_\_\_.
2. We should follow good \_\_\_\_\_ habits.
3. we get food from \_\_\_\_\_ as well as from \_\_\_\_\_.
4. We should not \_\_\_\_\_ food.
5. Food helps us to \_\_\_\_\_.

###### B. Tick (✓) the correct option:

1. We need food to live/breathe.
2. We should not eat/waste food.
3. We should chew/swallow our food well.
4. We eat three / five main meals in a day.

###### C. Write T for true and F for false statements.

1. Food makes us strong and healthy.
2. We drink milk and juice.
3. We should not waste food.
4. We should eat only one meal a day.
5. We get honey from plants.

###### D. Answer these questions.

- 1.
- 2.
- 3.
- 4.
- 5.

##### Activity

Do it yourself.

#### 6. The Clothes We Wear

##### Oral Skills

Do it yourself.

##### Writing Skills

###### A. Fill the blanks.

1. We comes from \_\_\_\_\_.
2. Cotton comes from the \_\_\_\_\_.
3. We wear \_\_\_\_\_ clothes in summer.
4. Most fabrics come from \_\_\_\_\_ and \_\_\_\_\_.
5. Clothes cover our \_\_\_\_\_.

###### B. Choose the correct options.

1. Clothes protect us from wild animals.
2. We wear woollen clothes in winter.
3. A raincoat protects us from rain.
4. When we go to school, we wear uniforms.
5. We must wear clean clothes.

###### C. Match these two columns:

- |                       |                        |
|-----------------------|------------------------|
| 1. Cotton clothes     | (b) summer             |
| 2. Clothes protect us | (c) from dirt and dust |
| 3. A nurse            | (a) wears a uniform    |
| 4. Woollen clothes.   | (e) winter             |
| 5. We should wear     | (d) clean clothes      |

###### D. Answer these questions:

1. We wear clothes to protect us from cold, heat, rain, wind and insect bites.
2. We wear cotton clothes in summer because they absorb heat of our body and keep us cool.
3. When we go out in the rain, we wear raincoat to protect ourselves from rain and keep our clothes dry.
4. We wear uniform when we go to school.
5. Wool comes from sheep.

## Activity

Do it yourself.

### 7. Neighbours and Neighbourhood

#### Oral Skills

Do it yourself.

#### Writing Skills

##### A. Tick (✓) the correct option:

- (b) Bank
- (a) Doctor
- (c) School

##### B. Fill in the blanks.

- We play in the playground.
- We get stamps and envelopes from the post office.
- A Doctor looks after the sick people.
- We keep our jewellery in a Bank.
- Firemen put off the fire.

##### C. Write T for true and F for false statements.

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

##### D. Answer the following questions:

- The people living around us are our neighbours. We celebrate festivals and special days with our neighbours. We must maintain good relations with our neighbours and help each other.
- The area around our house is called our neighbourhood. Our neighbours live in our neighbourhood. It also includes the houses, the buildings and all the other places around our house.
- A market has many shops. Things we need are available in these shops.
- The policemen at the Police Station keep our neighbourhood safe. They maintain the law and order in the area.

## Activity

Do it yourself.

### 8. Going to School

#### Oral Skills

Do it yourself.

#### Writing Skills

##### A. Name the room or place in which you do each of these activities:

- |                             |   |               |
|-----------------------------|---|---------------|
| 1. Learn music and dance.   | : | Music Room    |
| 2. Go to read books.        | : | Library       |
| 3. Attend school functions. | : | Auditorium    |
| 4. Play games.              | : | Playground    |
| 5. Learn computer.          | : | Computer Room |
| 6. Sit and study.           | : | Classroom     |

##### B. Tick (✓) the correct option:

- We study in a school (✓).
- In school, we wear uniforms (✓).
- Teachers (✓) teach us in school.
- We play (✓) together in school.
- We should keep our school clean (✓).

##### C. Write T for true and F for false statements.

- [ ]
- [ ]
- [ ]
- [ ]

##### D. Answer the following.

- 
- 
- 
- 
- 

## Activity

- A.
- Study
  - Play
  - Discipline
  - Music and Dance
- B. Do it yourself

### 9. Festivals And Fun

#### Oral Skills

Do it yourself.

#### Writing Skills

##### A. Tick (✓) the correct option:

- Dussehra (✓) is celebrated on the last day of Ramlila.
- Goddess Lakshmi (✓) is worshipped on Diwali.
- The birthday of Jesus Christ is celebrated as Christmas (✓).
- National (✓) festivals are celebrated all over the country.

##### B. Fill in the blanks.

- Diwali is a festival of lights.
- Lord Jesus Christ was born on 25th December.
- A sweet dish called Sewain is cooked on the festival of Eid.
- Langar is a free meal served on Gurupurab.

##### C. Match these two columns:

- |                     |     |               |
|---------------------|-----|---------------|
| 1. Independence Day | (c) | 15th August   |
| 2. Christmas        | (d) | 25th December |
| 3. Gandhi Jayanti   | (b) | 2nd October   |
| 4. Republic Day     | (a) | 26th January  |

**D. Answer these questions:**

1. Diwali is the 'Festival of Lights'. It is celebrated all over India. People pray at temples, at work-places and at homes. They pray to Goddess Lakshmi and Lord Ganesha. Houses are decorated with diyas (earthen lamps) and candles. Some people especially children burst fire-crackers.  
We this festival, we eat lots of sweets. We wear new clothes. We give gifts to one another.
2. Dussehra is celebrated to mark the victory of good (Rama) over evil (Ravana). This festival is celebrated for 10 days. On the tenth day, effigies (figures) of Ravana, his brother, Kumbhakarna and son Meghanada are burnt. In some places, people celebrate Durga Puja during Dussehra. We can see beautiful Puja pandals at many places.
3. Lord Jesus was born on 25th December. We celebrate his birthday as Christmas.  
We go to church to pray. Christmas trees are put up in homes. They are decorated with lights, stars and gifts. We give gifts to our relatives and friends. Santa Claus comes on this day and gives gifts to children.
4. Eid is a famous festival of the Muslims. It comes after thirty days of fasting. The Muslims go to mosques to pray. They give food and clothes to the poor. A sweet dish called 'Sewain' is cooked at home.
5. Three national festivals are:
  - (i) Republic Day
  - (ii) Independence Day
  - (iii) Gandhi Jayanti

**E. Write T for true and F for false statements.**

1. [ ]    2. [ ]    3. [ ]    4. [ ]    5. [ ]

**Activity**

- A. Do it yourself.
- B. I have recently celebrated Diwali, the 'Festival of Lights'. It is celebrated all over India. I, along with my family members, went to the temples to pray. We had also made special arrangements at our home to pray to Goddess Lakshmi and Lord Ganesha. The whole house was beautifully decorated with diyas (earthen lamps) and candles. We enjoyed a lot with children of our home by bursting fire-crackers.

We this festival, we ate lots of sweets. We wore new clothes. We gave gifts to friends and relatives.

- C. Do it yourself.

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**10. Good Manners and Good Habits**

**Oral Skills**

Do it yourself.

**Writing Skills**

**A. Tick (✓) the correct option:**

1. (a) 'Thank you'    2. (b) 'Please'
3. (b) 'Sorry'    4. (a) 'Sorry'

**B. Fill in the blanks.**

1. Always speak the \_\_\_\_\_.
2. Do not talk \_\_\_\_\_ to anybody.
3. Say' \_\_\_\_\_. If you ask for something.
4. We should be \_\_\_\_\_ to animals.
5. We should be make \_\_\_\_\_ in the class room.

**C. Write T for true and F for false statements.**

1. [ ]    2. [ ]    3. [ ]    4. [ ]    5. [ ]

**D. Answer these questions.**

- 1.
- 2.
- 3.
- 4.
- 5.

**Activity**

**Circle the good manners and cross the bad manners in the pictures.**



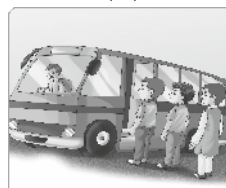
(x)



(✓)



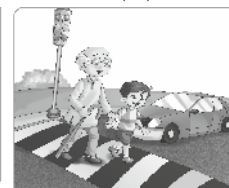
(x)



(✓)



(x)



(✓)

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**11. Stay Healthy**

**Oral Skills**

Do it yourself.

## Writing Skills

### A. Tick (✓) the correct option:

1. Food gives us energy (✓) to work and play.
2. We should play more outdoor (✓) games.
3. We must sleep at least eight (✓) hours every night.
4. Exercise keeps us fit (✓).

### B. Fill in the blanks.

1. Diwali is a festival of lights.
2. Lord Jesus Christ was born on 25th December.
3. A sweet dish called Sewain is cooked on the festival of Eid.
4. Langar is a free meal served on Gurupurab.

### C. Write T for true and F for false statements.

1. [ ]
2. [ ]
3. [ ]
4. [ ]
5. [ ]

### D. Answer these questions.

1. We should keep ourselves healthy in order not to fall sick and ill. We will be strong.
2. We should eat healthy food to stay fit and strong. Healthy food gives us energy to work and play. It also helps us to fight against diseases.
3. Three exercises for the body are:
  - (i) Running
  - (ii) Swimming
  - (iii) Playing outdoor games.
4. Yoga is a kind of exercise that keeps our body and mind healthy.

## Activity

Tick (✓) each of the things that you need to stay clean:

- (i) Dettol
- (ii) Mustard Oil
- (iii) Brush and Toothpaste
- (iv) Brush

## 12. Time to Travel

### Oral Skills

Do it yourself.

### Writing Skills

#### A. Tick (✓) the correct option:

1. (c)
2. (c)
3. (b)

#### B. Fill in the blanks:

- 1) Ship and boat are means of water transport.
- 2) A boat sails on water.
- 3) To travel by air, we take air planes.
- 4) A ship is bigger than a boat.
- 5) Air transport is the fastest means to travel.

### C. Make a ☺ for true and a ☹ for a false statements:

- 1) ☺
- 2) ☺
- 3) ☹
- 4) ☹

### D. Answer the following:

1. The different modes of transportation are:  
Land Transport : Vehicle like car, bus, scooter and motor cycle move on land and are called land transport. Trains are also means of land transport. Trains run on rails. So, they are called Railways. Delhi – Bhopal Shatabdi is the fastest train in India.  
Water Transport : Ships, boats and ferry are means of water transport. They sail on water. A boat is small. It sails on rivers and lakes. A ship is bi in size. It sails on seas and oceans.  
Air Transport: To travel by air, we take passenger planes. It is the fastest means of transport. Helicopter, aeroplanes and gliders are means of transport. Air transport is the most expensive means of transport.
2. Trains run on rails. Therefore, trains are also called Railways.
3. Means of air transport are:
  1. Helicopter,
  2. aeroplanes
  3. glidersAir transport is the most expensive means of transport.
4. Two vehicles pulled by animals are:
  1. Tonga
  2. Bullock Cart

## Activity

Do it yourself

## 13. Let's Communicate

### Oral Skills

Do it yourself.

### Writing Skills

#### A. Tick (✓) the correct option:

1. (b) pigeons
2. (a) car
3. (c) computer

#### B. Encircle the correct answer:

- 1) Machine
- 2) smoke
- 3) Television
- 4) Telephones

#### C. Fill in the blanks.

1. lack of exercise can make us \_\_\_\_\_.
2. We can hear \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ on radio
3. \_\_\_\_\_ are the fastest means of communication.
4. \_\_\_\_\_ are the cheapest means of communication.



**D. Answer the following:**

1. Communication means sending or receiving messages from one person to the other. It can be spoken or written. Communication helps in sharing our thoughts and ideas.  
The devices that we use to talk or send the messages from one person to the other are called 'means of communication'. They help us in staying in touch with our friends and relatives anywhere in the world.
2. Some means of communication are:
  1. Postcards, Inland Letters, stamped Envelopes and Greeting Cards.
  2. Telephones and Mobiles are fastest means of communication. We use SMS (Short Message Service) through mobile phones.
  3. Fax Machine and E-Mail
  4. Newspapers and Magazines
  5. Radio and Television
3. Mobile phones are better than landlines because they can be carried with us wherever we go.
4. The difference between a radio and television is as follows:  
Radio : We can hear news, music and other programmes on Radio.  
Television: On Television, we can hear and watch the programmes. They are educative and informative.

**Activity**

Do it yourself.

**14. Great Persons**

**Oral Skills**

Do it yourself.

**Writing Skills**

**A. Fill in the blanks.**

1. Mahatma Gandhi was born as \_\_\_\_\_.
2. \_\_\_\_\_ used to call him 'Chacha nehru'.
3. Jawaharlal Nehru's birth-day is celebrated as \_\_\_\_\_ day
4. Jawaharlal was born on \_\_\_\_\_.
5. \_\_\_\_\_ formed the Azad Hind Fauj.

**B. Write T for true and F for false statements.**

1. [ ]
2. [ ]
3. [ ]
4. [ ]
5. [ ]

**C. Answer the following questions:**

1. Mahatma Gandhi was born on 2nd October, 1869 at Porbandar in Gujarat.

2. The full name of Mahatma Gandhi was Mohandas Karamchand Gandhi.
3. Jawaharlal Nehru born was born on 14th November, 1889 at Allahabad in Uttar Pradesh. He became the first Prime Minister of India.
4. Children's Day is celebrated on 14th November every year.
5. Subhash Chandra Bose was born on 23rd January, 1897 at Cuttack in Orissa.

**Activity**

Do it yourself.

**15. Early Humans**

**Oral Skills**

Do it yourself.

**Writing Skills**

**A. Tick (✓) the correct options.**

1. Early humans ate raw (✓) meat.
2. Early humans wore animal's skin (✓) as to cover their bodies.
3. Early humans lived in caves (✓).
4. Early humans made fire by rubbing two stones (✓).

**B. Fill in the blanks.**

1. \_\_\_\_\_ lived in the open forest.
2. They took shelter in \_\_\_\_\_ or on \_\_\_\_\_.
3. They \_\_\_\_\_ wild animals for meat.
4. They are wild fruits and \_\_\_\_\_.
5. Fire gave them \_\_\_\_\_.

**C. Write T for true and F for false statements.**

1. [ ]
2. [ ]
3. [ ]
4. [ ]
5. [ ]

**D. Answer the following questions:**

1. Early humans ate wild fruits and roots. They hunted wild animals for meat. They ate this meat raw.
2. The discovery of fire brought a great change in the life of early humans. They were now able to cook their food. Fire gave them light. It protected them from cold winters and wild animals.

**Activity**

Colour the bubble green if the answer is yes. Colour the bubble if the answer is no.

YES